



All Saints' prides itself of creating fun sporting opportunities for all. We always enter as many teams as possible to allow more children the experience of sporting festivals and the benefits that competition brings.



Our main focus this year was to increase participation in sports, with emphasis on our girl cohort. We had identified a large number of girls didn't participate regularly in sports clubs in the local community and had generally low activity levels (heat map analysis).

In addition to the inter school festivals we have continued to run intra school festivals. This has resulted in mass participation events with the children developing the school games values. Our intra school festivals this year have included: football, dodgeball and rounders. The children have thoroughly enjoyed all competitions.



Our school sport survey (Summer 2022) highlighted that the girls wanted to play more Football, Rugby and Dodgeball in curriculum PE.

As part of our 30/30 offer we promoted girls football at playtime with specific allocated time slots for girl football. To start the girls were slow to uptake the opportunity. By the end of the year we regularly have the majority of girls from each year group playing about a 90%

uptake compared to around 20% respectively for each year group.

The initiative started after listening to pupil voice, our Sports Council and School Council representatives interviewed children (Summer 2022), and the main finding for a lack of participation

was that the girls didn't feel valued as the boys would not choose to pass the ball to them. The success of the Lionesses at the Euros has really inspired the girls of All Saints' to get involved. This has created more active playtimes, especially for those children who were identified as inactive in the previous years.

This year has been extremely successful with all sporting achievements reported and praised on Class Dojo or the School website. The Children want to represent the school and achieve their personal bests, whether that in a team event or individual event.



Rugby was highlighted as a sport the girls wanted to do more. This year we have worked closely with both local rugby clubs. Cockermouth Titan's offered taster rugby sessions straight after school which resulted in a larger uptake. And later in the year (summer-term), we worked with Cockermouth Wasps who delivered rugby coaching in dedicated curriculum. The sessions were aimed at the girls to give them more opportunity to play rugby and get involved. We had all girls in Year 4,

Year 5 and Year 6 participating in additional PE lessons to play rugby. It was a huge success and the girls grew in confidence having the dedicated sessions away from the boys. The feedback was positive with the girls generally saying it was better experience. The sessions were a huge success and we managed to enter two competitive teams into the inter school competition which was a 100% increase in participation from the year before.

All Saints' CE Primary School

Case Study: To Increase participation for girls in sport.

For the second year running we won the West Cumbria Orienteering League. In Addition to the team success, we had several podium finishers on the final day for the individual athletes. One of the children who came in as second fastest girl had previously been highlighted as inactive and somewhat disinterested in sport. This highlights the impact of this year's sporting program and PE offer at All Saints' CE Primary School. Coming back to our overall aim of increasing female participation we have blown that target out of the water with entering multiple girls' teams to various events and having more success with participation being the main measure. Furthermore I am happy to report, that both the boys and girls from All Saints' are taking full advantage on the sports on offer in the local community. We will continue to work closely with our community coaches and club links to ensure a smooth pathway and transition is available.



We are immensely proud of our school sporting achievements this year. We aim to keep the momentum going providing positive experience which will help embed and help children fall in love with sport and all it has to offer.